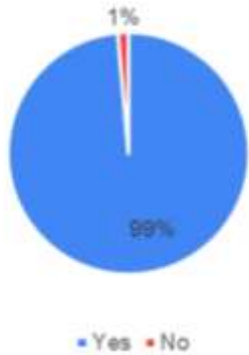




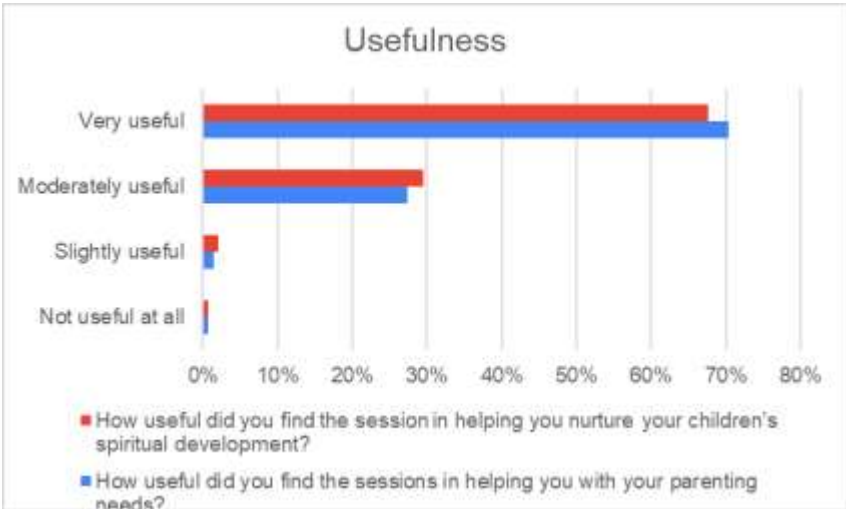
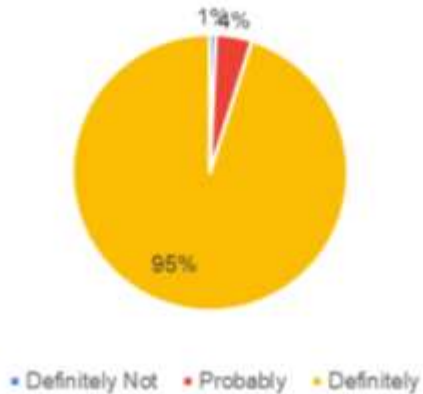
Learnings from Parents Baseline & Endline Survey



Have you noticed any positive changes in your child's behaviour or attitude since your sessions?

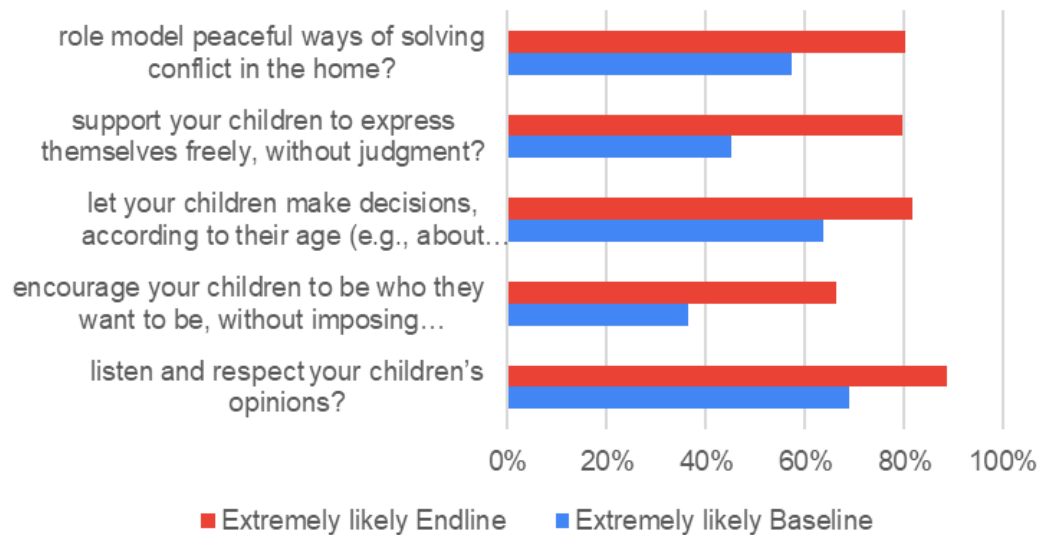


Would you recommend these sessions to other parents?



- **70% of participants attended 3+ sessions**
- **About 70% of parents found the sessions very useful in helping with their parental needs and helping nurture their children's spiritual development.**
- **Over 90% of parents found the tools easy to understand and implement at home, and 85% said they did so often.**
- **99% of parents said that they saw positive changes in their child's behaviour after the sessions.**
- **95% of parents said they would recommend the sessions to others.**

Respectful Environments



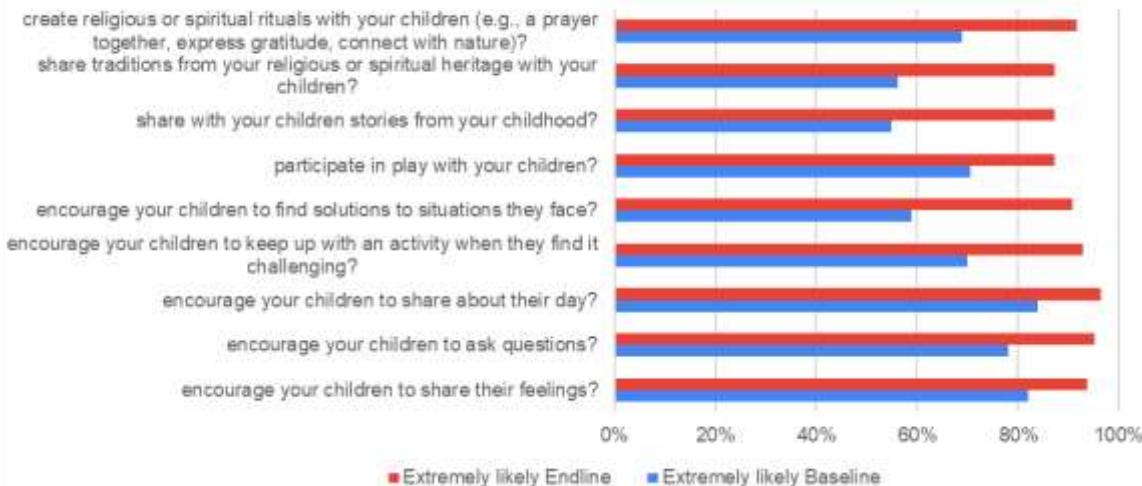
All 'extremely likely' parameters increased, some by over 20%, including:

Respectful Environments: Listen & respect children's opinions, encourage children to be who they want without conditions, support expression without judgement, role model peaceful conflict resolution in the house

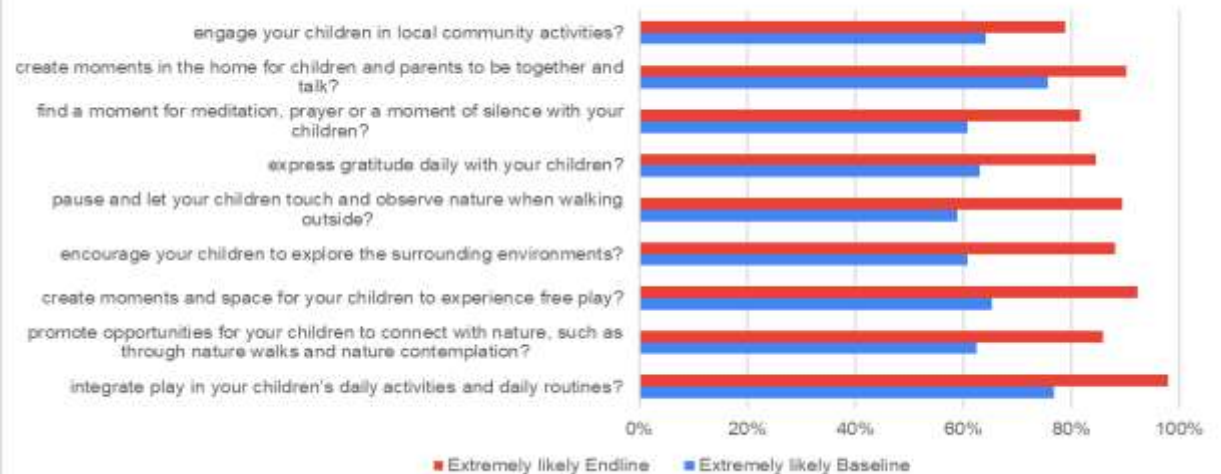
Positive Relationships: Encourage children to share feelings, encourage children to keep up with challenging activity, encourage children to find solutions to situations they face, share stories from parents' childhood, share traditions, create rituals with children

Empowering Experiences: Integrate play into daily activities, promote opportunities to connect with nature, create moments of free play, encourage exploration of environment, express gratitude daily, find moment for meditation/silence, let children touch/explore nature when outside

Positive Relationships



Empowering Experiences



Key Learnings: Parents

I believe that when a child receives a physical punishment, he/she will not repeat the unwanted behavior.

I believe that verbal punishment makes the child more obedient.

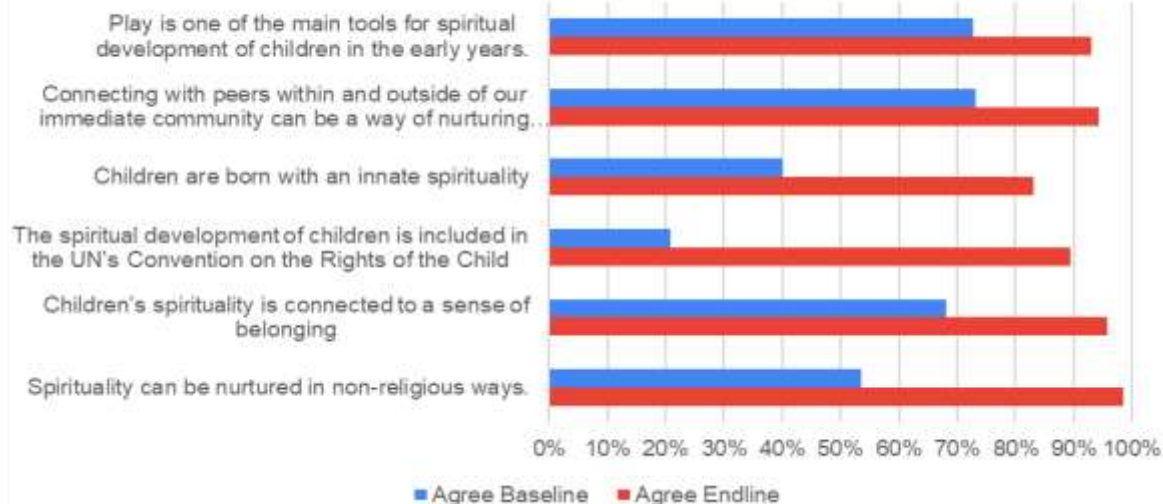
I believe that children are affected when parents shout or argue in their presence.

If you do not apply physical punishment to the child, he/she will grow spoiled.

Physical punishment of the child is not good, but is sometimes inevitable.

Strongly disagree		Disagree		Agree		Strongly agree	
Baseline	Endline	Baseline	Endline	Baseline	Endline	Baseline	Endline
18%	39%	26%	42%	31%	12%	26%	6%
16%	35%	22%	42%	31%	18%	30%	5%
2%	1%	3%	2%	9%	4%	86%	93%
19%	25%	27%	49%	27%	20%	27%	6%
4%	11%	3%	23%	45%	51%	48%	14%

Knowledge



Significant positive feedback, with disagreement to Statements 1 & 2 and agreement to Statement 3 increasing.

Physical punishment was a challenging area for parents, with 26% believing that 'sparing the rod spoils the child' and 65% believing that physical punishment is sometimes inevitable. However, 82% disagreed with the idea that physical punishment prevents repetition of unwanted behaviour.

Over 90% of parents in endline agreed that spirituality can be nurtured in non-religious ways (99%), that children's spirituality is related to a sense of belonging (96%), that play is a tool for spiritual development (93%), and family have a central role in this (95%).

A third of the parents disagreed that children exposed to violence are more likely to be victims and perpetrators later in life. A third of the parents still agreed that shouting was not a form of violence.

Some responses increased by over 20% as illustrated.

Less than 70% of parents were very satisfied with the duration of sessions, a contrast to over 85% parents being very satisfied with facilitators & venue.

Did they find it too long or too short? What is the ideal engagement model for parents?

Over 80% of parents said that they were very likely to create respectful environments for their children. However, only 66% said they were extremely likely to encourage their children to be who they wanted to be without imposing conditions.

If responses include 'likely' as well, this increases to 90% agreement. However, given its difference from other parameters, there is the potential to dig deeper into these 'conditions'.

Physical punishment was a challenging area for parents, with 26% believing that 'sparing the rod spoils the child' and 65% believing that physical punishment is sometimes inevitable. However, 82% disagreed with the idea that physical punishment prevents repetition of unwanted behaviour. 37% also said shouting is not a form of violence.

While responses have improved between baseline and endline, the relationship with physical punishment still provides ample scope for engagement with parents. Similarly, while there has been a marked improvement (52% to 37%), a third of the parents still believed shouting is not violence, suggesting scope for more engagement.