



Overview of Educator's Training



Educators participated in the baseline survey in August 2023, before undergoing the training a few months later in October. A total of 9 educators were trained between October 19 and 21 through a series of 9 sessions, each spanning one activity. The training was conducted by a team of five people from Shanti Ashram. Participants collectively discussed implementation plans, potential challenges, and possible mitigations. Four activities were also chosen for piloting in the schools, and resource materials to ensure the successful implementation of the pilot were shared.

The topics covered during the training workshop are as follows:

Module	Session Topic	Activity Topic
Module 1: Importance Of Children's Spiritual Development for The Protection of Children from Violence and For the Promotion of Their Holistic Well-Being	Session 2: Early Childhood and The Holistic Development and Well-Being of Children	Activity 3: Holding The Lives of Children in Our Hands
Module 1: Importance Of Children's Spiritual Development for The Protection of Children from Violence and For the Promotion of Their Holistic Well-Being	Session 3: Spiritual Development of Children	Activity 1: Moving Beyond
Module 1: Importance Of Children's Spiritual Development for The Protection of Children from Violence and For the Promotion of Their Holistic Well-Being	Session 4: Violence Against Children	Activity 2: Violence Against Children: Prevention and Protection
Module 2: Nurturing One's Own Spirituality	Session 5: My Understanding of Spirituality	Activity 1: Exploring My Spirituality and Spiritual Well-Being
Module 2: Nurturing One's Own Spirituality	Session 6: My Spiritual Well-Being	Activity 2: Learning How to Handle Emotions in Parenting

Module 3: Conditions For Nurturing the Spiritual Development	Session 7: Nurturing Positive Relationships Between Caregivers and Children.	Activity 1: Why Are Play and One-On-One Time So Important
Module 3: Conditions For Nurturing the Spiritual Development	Session 8: Safe Environments	Activity 2: It Takes a Village to Raise a Child — The Role of Religious And Spiritual Communities in Fostering Spiritual Development in Children
Module 3: Conditions For Nurturing the Spiritual Development	Session 9: Empowering Experiences	Activity 3: Nurturing A Playful Spirit
Module 3: Conditions For Nurturing the Spiritual Development	Session 10: Empowering Experiences	Activity 1: Introducing The Activities for Children

There were also follow-up capacity building sessions conducting spanning the following:

Module	Session Topic	Activity Topic	Scheduled Month
Module 1: Importance Of Children’s Spiritual Development for The Protection of Children from Violence and For the Promotion of Their Holistic Well-Being	Session 1: Child Dignity and Child Rights	Activity 2: Discovering And Exploring Child Rights	January 2024
Module 1: Importance Of Children’s Spiritual Development for The Protection of Children from Violence and For the Promotion of Their Holistic Well-Being	Session 2: Early Childhood and The Holistic Development and Well-Being of Children	Activity 1: The Critical Importance of The Early Years	May 2024
Module 1: Importance Of Children’s Spiritual Development for The Protection of Children from Violence and For the Promotion of Their Holistic Well-Being	Session 3: Spiritual Development of Children	Activity 2: Why Is Spiritual Development So Important?	May 2024
Module 1: Importance Of Children’s Spiritual Development for The Protection of Children from Violence and For the Promotion of Their Holistic Well-Being	Session 4: Violence Against Children	Activity 3: Violence Affecting Children — Using Role Playing	May 2024

Module 2: Nurturing One's Own Spirituality	Session 5: My Understanding of Spirituality	Activity 3: Interreligious Visits	May 2024
Module 2: Nurturing One's Own Spirituality	Session 6: My Spiritual Well-Being	Activity 3: Religion, Ethics and Well-Being	May 2024
Module 3: Conditions For Nurturing the Spiritual Development	Session 7: Nurturing Positive Relationships Between Caregivers and Children.	Activity 1: Why Are Play and One-on-One Time So Important	February 2024
Module 3: Conditions For Nurturing the Spiritual Development	Session 8: Safe Environments	Activity 3: Creating Safe Spaces for Children	May 2024
Module 3: Conditions For Nurturing the Spiritual Development	Session 9: Empowering Experiences	Activity 2: Protecting and Connecting with Mother Earth	March 2024
Module 3: Conditions For Nurturing the Spiritual Development	Session 10: Empowering Experiences	Activity 2: Discovering The Spiritual Capacities	December 2023

After these series of sessions, we have witnessed a shift in our educators' approach to children at the Bala Shanti Kendras. They are able to form connections between children's behaviour, communication and their spiritual capacities.



